

# FRUITBOWL



**ARE YOU AN LGBTQ+ YOUNG PERSON?  
ARE YOU AGED 11-18?**

**Fruitbowl is a safe space for the questioning and the proud. A supportive environment to explore your gender identity and sexuality.**

**Alongside our weekly group you can get involved in trips, events, campaigns, projects and we offer 1-1 support.**

**WEBSITE: SAYIT.ORG.UK - PHONE: 0114 201 2633**

**EMAIL: INFO@SAYIT.ORG.UK**

**FACEBOOK: SAYIT - INSTAGRAM: SAYITSHEFFIELD**

**TWITTER: SAYITSHEFFIELD**